The Ballykeel Jig alternates modes between D mixolydian in the A Part and D ionian in the B Part, which gives it the twist of being a D tune that starts on a C major chord. The also gives it a fair amount of energy. Once you get it under control, you can really push both the energy and the tempo.

We used to use it in a dance set that went from Ballykeel to Cowboy's Jig (in G) to Father O'Flynn (in D), with Cowboy's Jig providing a smooth lyrical interlude between two high energy jigs.